

### Athlete Handbook International School Stuttgart e.V

#### **Dear ISS Athletes and Parents,**

ParticipationinGISSTwilladdalevelofresponsibilityandcommitmenttobothacademicandsociallife.WeatISSwish this experience to be assatisfying as possible for both, the athlete and the parent. To this end, we hope that this handbook will help you undestand the expectation involved in becoming a member of our GISST Program.



Philosophy

Assistant Athl. Director

"Student first; athlete second"

is the fundamental concept of supporting the GISST Program.

Maintainingappropriatelevelsofworkcompletion, attendanceandachievementoncourseexaminationsistakenveryseriouslybytheISSAthleticDirector.Participationcanbeputasidewhenastudentisstrugglingacademically.

#### **Mission**:

The goal of the ISS GISST Program is to provide and coordinateavariety of competitive activitiesforourstudents, to further developphysical, social and inerpersonal abilities which will enchancethelSSexperience,promote ourschoolsidentityandhelpprepareourstudentsforfuturechallenges.

## <u>GISST Teams</u> <u>Structure</u>

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The ISS GISST Teams will have defined seasons:

Fall from September-December Winter from December-March Spring from March- April

Home and away games will be played against other International Schools in Germany and will involve overnight trips. All sports teams will participate in GISST friendly games and the first teams will participate in the official GISSTTournamentshostedallaroundGermany. Practiceswillvaryaccordingtoteam,coachandupcoming event.

## <u>ISS Athlete</u> <u>Responsibilities</u>

-Rememberyouarerepresentingyourself,yourfamilyandyourschool.Youmustobeyto theISSCodefoBehaviorandDressCodewhileon school events

-Youmustobeyallinstructionsgivenby yourcoach/chaperonewhiletravelingandduringthe hotel stay.

-Make sure you are on time for all scheduled events.

-Smoking, alcoholortheuseofdrugs areprohibitedthroughouttheentiretrip(Evenifyou are of legal age).

## <u>Communication,</u> <u>Problem solving</u>

Communication between student / athlete and/or parent with appropriate leadershipisimportant. Discussionofprofessionaland or personal issues with a coach is inappropriate, Discussions should be limited to your child. Ifyouasaparenthaveconcern, please express them inthe appropriate time and method. Follow these steps to resolve problems with a coach.

- Have your child speak to the coach. Oftenheorsheisunawareofyourchild'sconcerns. Webelieveitsimprotanttoencouragestudentsto communicate with their adult leaders.

- Arrange an appointment with your child'scoach.Forimportantmatters,consultingthe leader in person may be appropriate.

-ArrangeanappointmentwiththeAthleticDirector.Inallbutthemostseriousofcircumstancesitisexpectedthatstudentsandparentswill makeeveryattempttoreachareasonablesolution usingthefirsttwostepsabove.IftheAhtleticDirectorisneededtofindaresolution,afullinvestigation ofthesituationwilltakeplaceandsubsequentmeetings will be scheduled as needed.













# **Expectations**

#### Sportmanship and Conduct

Good sportsmanship is expected from everyone at ISS. Berating, humiliating, taunting; use of racial, sexist or profane comments towards coaches, officials, players or parents will not be tolerated. Coaches and officials should be treated with respect. These individuals work many hours for little monetary compensation. Many do it for the appreciation of the student athlete and a love for the sport. We ask that you, as parents set an example fo the players and other students. Also, please discuss appropirate conduct with your child and support the coaching staff if your child needs to be disciplined for poor sportsmanship or conduct.

#### <u>Attendance, Practice and Team</u> <u>Commitment.</u>

Being an athlete at ISS is a serious commitment for both the athlete and his or her family. Athletes must demonstrate individual responsibility and be reliable. Attendance at practices and games is the foudnation of a great program. Poor attendance and lack of quality participation can lead to a child's dismissal from a team. Our coaches understand that there are valid reasons for missing a practice or game, but they expect such absences to be kept to a minimum. If a team cannot hold the required amount of players, the team will be dissolved. Full commitment to our sports teams is expected.

#### Uniforms and Transportation

Uniforms for all competitive teams will be provided. Please help your athlete take proper care of it. If it is not returned in proper condition, your family will be responsible for replacing it.

The parents are responsible for the child's transportation to practices and games in the area. For longer trips ISS will provide transportation to the Host Schools.

#### **Obligations**

All athlete parents must submit the online Commitment and Medical Form once a team is selected. It is critical that all allergies, medical conditions, and required medications are noted on this form. The coach will carry this form to all competitions.

#### Academic Eligibility

Athletes are expected to maintain their academic standings while participating in the sports program. The following procedures are intended to assist athletes in this endeavour.

- Teachers will notify the Athletic Director of all athletes who maintain lower than a 3 in their class

-The AD. will inform the coach who will then speak to the athlete about his or her academic work and any other associatied problems. The coach will then consult with the AD.

- The athlete will attend a meeting with the principal and the AD to determine what change in the student's level of athletic participation will help improve his or her academic standing. Each athlete will be treated on a "case by case" basis. Remedies may range from no action to withdrawal from the team. It is recognized that it can be detrimental to withdraw an athlete from a team and that his or her academic work may actually suffer as a consequence. In some cases athletes will not be allowed to miss days of school to participate in athletics, therefore missing away trips.

- If there are to be severe sanctions, the athlete's parent will be required to attend a metting with the principal and AD to discus the student's welfare.

#### Attendance Regulations for GISST Teams

- All athletes must attend all classes the day before an away trip for the entire day of school. Otherwise they might not travel the next day.

-All athletes must attend all classes the day of a game unti the designated time of departure in case of an away game. An athlete absent from school is not eligible to participate in the competition.

- Ahletes suspended from school may not participate in practices or competitions.

#### <u>Travel</u>

Travel arrangements for ISS Athletes are made by the Athletic Department. Details and emergency contact numbers are provided to the athletes prior to the trip. Parents who do not receive this information can contact the Athletics Department. Athletes must travel to games and tournaments with the teams but can return with parents if prior arrangements are made with the coach. Travel arrangements are made so as to minimize time away from School,

ISS Students are expected to represent ISS in a positive manner during trips.

While traveling, ISS athletes are expected to pay for their own lunches and souveniers. Breakfast and Dinner will be provided in the Hotel/Hostel during their stay. Parents are always encouraged to attend

sporting events at ISS, even the away games. Directions to all destinations can be obtained by the Athletics Department.

